

Senior Connect

by Lawrence Township



April 1, 2022



Apr	April 2022		Lawrence Township Office on Aging Senior Center Activity Calendar				CENTER	TIER
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	REGISTRATION	Z
27	28	29	08	31	1	2	Pre-Registration for ALL Senior	L Senior
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	Volu	nleer App	Volunteer Appreciation Month	Nonth	LINE DANGE W/ ROSE - 10:00		The Center. All Programs For Only Lawrence Seniors 60	ms Hor
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5	EXERCISE 9:00 - 10:00 AM	AARP TAXES - 10:00 AM		EXERCISE 9:00 - 10:00 AM	YOGA 9 -10 AM	1	POLICY	
	@ Community Center	BY APPOINTMENT	COMPUTER HELP/LAB	@ Community Center	@ Community Center		Social Distancing Well Bo	9
	Computer Hervias (9 to 12)	COTTEE HUB - 9:30	BY APPOINTMENT (9-12)		LINE DANCE W/ ROSE - 10:00		Followed. Temperature Checks	e Checks
	Σ	HEALTHY BONES - 1:30 - 3:00		PEOPLE AND STORIES	PRIZE BINGO		at Door. Mask Required When	d When
10	@ Community Center	÷	BUSY BEES 1:00 - 3:00 PM 12 TIME DANCE W/ MILLORD	ZOOM 1:30 PM	1:00 - 3:00 PM	16	Social Distancing Can Not Be	lot Be
07	FRCISE 9-00 - 10-00 AM	AARP TAYES - 10-00 AM		EXERCISE 9-00 - 10-00 AM	CENTER	24	Followed. If You Have Currenteme DI EACE STAV	>
	@ Community Center	BY APPOINTMENT		@ Community Center	GOOD			7
	COMPUTER HEIP/LAB (9 TO 12)		COMPUTER HELP/LAB		FRIDAY			
	TAI CHI 10:30 - 11:30 AM	HEALTHY BONES - 1:30 - 3:00	BY APPOINTMENT (9-12)	AFTERNOON SOCIAL	CLOSED			
			BUSY BEES 1:00 - 3:00 PM	1:30 PM - 3 PM			NUTRITION PROGRAM	P
17	18	19	20 LINE DANCE W/ BILL 9:30	21	22	23	To Register For Nutrition (Grab	on (Grab
	EXERCISE 9:00 - 10:00 AM			EXERCISE 9:00 - 10:00 AM	LINE DANCE W/ ROSE - 10:00		N Go) Call Mille Booth	
	@ Community Center	HEALTHY BONES - 1:30 - 3:00	COMPUTER HELP/LAB	@ Community Center			couo-coolcua) OR	
			BY APPOINTMENT (9-12)		PRIZE BINGO		0599-686(609)	_
	COMPUTER HELP/LAB BY APPOINTMENT (9-12)		BUSY BEES 1:00 - 3:00 PM		1:00 - 3:00 PM			
24		26	-	28	29 YOGA 9-10 AM	30	Contact	
	EXERCISE 9:00 - 10:00 AM			EXERCISE 9:00 - 10:00 AM	@ Community Center		Lawrence Township Senior	Senior
	@ Community Center	COTTE HUB - 9:30	COMPUTER HELP/LAB	@ Community Center	LINE DANCE W/ ROSE - 10:00		Center, 30 East Darrah Lane, Lewrence Twn NI	h lane, NI
	Computer Hervias (9 to 12)		BY APPOINTMENT (9-12)		SPRING FLING			
	TAI CHI 10:30 - 11:30 AM @ Community Center	HEALTHY BONES - 1:30 - 3:00	BUSY BEES 1:00 - 3:00 PM		Pizza Party AT POST #458			_
~							DIRECTOR	
1	SIGN UP FOR NEW TAI-CHI & YOGA CLASSES	OR NEW GA CLASSES	PRE-REGISTER	PRE-REGISTER MAY 3 - HEALTH FAIR AT SENIOR CENTER	FAIR AT SENIOR	CENTER	UNKELIOK Litten LaSalle	
	BEGINNING THE LAST WEEK OF APRIL	ST WEEK OF APRIL	د 	LAP BLANKET PROJECT is ongoing	CT is ongoing		<u>Reconnected Intervention of the second second</u>	Aproxim
	COMMUNITY CENTER 295 EGGERTS CROSSING ROAD	IY CENTER Rossing Road	Pick .	Pick up yarn at the Senior Center for our "Neighbors helping neighbors project"	or Center for our phors project"		aphillips@iswrancetwp.com	Mp.com

Municipal Manager's Blog



Monday, March 21, 2022 Rest In Peace, Rudolph A. "Rudy" Fuessel (1936 - 2022)

During the week of March 14, 2022, we had a fire apparatus from Station 21 (Slackwood Fire House) parked at the front of the Municipal Building, adorned with memorial bunting, and our flags were at half-staff in honor of Rudolph "Rudy" Fuessel, a man that dedicated more than 65 years of service to the Lawrence community as a volunteer firefighter out of Slackwood Fire House.

Chief Fuessel passed away at his home on March 14, 2022, at 85. Many claim him to be their mentor or the reason they became a firefighter. I remember him most as a young boy in the 1970s while my Dad served as Mayor for the Township, and he was the Fire Chief at Slackwood. I remember his trademark sideburns that always fascinated me as I looked up to him when my Dad would bring me over to say hello at a pancake breakfast or some other event at Slackwood Fire House, to give respect to a man that deserved our respect.

His impact on so many first responders that served and continue to serve our community is immeasurable. He and my father always had a great relationship and mutual respect. Chief Fuessel sent me some old photos he found with him and my Dad about a year ago. One of them (posted here....seems like the early Seventies) has been on my office wall as a proud reminder of my past and respect for my elders.

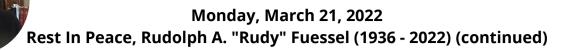
I spoke with the Chief on the phone some time ago during some challenging time I was having with the volunteer firefighters as we grappled with how best to preserve these great fire companies (Lawrence Road, Lawrenceville, and Slackwood). He called to tell me that I was doing a good job and keep doing what I was doing, and "to hell with those guys," giving me a hard time. I thanked him, hung up the phone, and instantly felt - better about things.

In preparing this article, I knew it wouldn't be complete without contributions from a couple of the men and women he helped to shape into the professional first responders they are today. Their reflections of him are below:

Chrissie Vincent (a career Emergency Medical Technician for Lawrence Township and current Chief of Emergency Medical Services) explained the Chief's impact on her career this way: "I moved to Lawrence in 1989. I met Rudy at Station 21 while working an EMS shift as a new per diem for the Township. We had stopped there to drop some paperwork off for our boss, and in true "Rudy fashion," he was all smiles and welcomed me to the Township and said if any of these boys (meaning his firefighters) give you any trouble, you come to see me! He was always protective of the ladies. We were friends from that point on."

"In 1994, when I began working with Maryann Russell Nester as my full-time partner, he dubbed us "The Lawrence EMS Angels." Whenever he would see us, he would always say, how are my angels doing today? He and his wife Sue have always been so welcoming and treated you like family. Rudy was just one of those people that never had to say call me if you need anything.

Municipal Manager's Blog



You just knew you could. You could be stuck out in the south Pacific Ocean stranded and call him, and he would immediately be on the phone with the United States Coast Guard or Navy getting an aircraft carrier dispatched to your location to pick you up. It didn't matter what it was or how tedious it seemed; you could always count on Rudy for any help you needed. He was a man of his word, and I truly believe in my heart that there was no task that was too big for him to handle."

Jack Oakley (Chief of Fire and Emergency Services and the Emergency Management Coordinator for the Township) said the following about the Chief:

"I was introduced to the Slackwood Fire Company at the age of 16. The Chief was Rudy Fuessel, and he knew my father, a Trenton Firefighter. When I started to hang around the firehouse, even to a young man like myself, it was apparent that Chief Fuessel was indeed the leader. He instilled a sense of respect, honor, and commitment in the membership. That was his make-up. He made sure mistakes never happened twice and guided you with knowledge and wisdom far beyond expectations. Chief Fuessel always expected 100% on the fire grounds, and when he told you he was proud of you for what you had done, you truly believed him. We affectionately called him "Dad" because that's what he was to us, a second father. A few people in my life shaped my firefighting career, Chief Rudy Fuessel being predominant."

Ron Dziminski (retired City of Trenton Firefighter and longtime member of Slackwood Fire Company) said, "Rudy (aka 210) was a true hero to me! He was the man that pushed me into becoming a professional firefighter more than 30 years ago. As a volunteer firefighter, he taught many young volunteers and me throughout the state. The most important lesson I learned from him was that a true hero doesn't wear a cape, they wear a uniform, and they put their lives on the line 24/7. Thank you for your service and the knowledge you shared with many of us. Rest in peace, 210."

He was a giant of a man at a time when there aren't many giants left. No one will match his years of dedicated service to this community and his calling as a firefighter. We are left with his long legacy of service to the community and his positive impact on the many lives that crossed paths with him. He was, simply put, a good man that lived a life of service to others. I can't think of much better than that to say about anyone.

I ask all of you to pray for his wife, family, friends, and fellow firefighters as they grieve his loss in their lives. Rest in Peace, Rudolph A. "Rudy" Fuessel. God bless you, Sir.

- Kevin Nerwinski, Municipal Manager

Board / Committee Meetings: April 2022





for more info, contact the Municipal Clerk: 609.844.7000

<u>Ribbon Cutting Ceremonies</u>



<image>

Welcome to Lawrence, Crave Nature's Eatery!

Today Mayor John Ryan and members of the Growth and Redevelopment Committee celebrated the grand opening of a new health-focused cafe in our community.

1891 Brunswick Pike Lawrenceville, NJ 08648

Welcome to Lawrence, Results Boxing & Fitness!

Today Mayor John Ryan celebrated the grand opening of a new fitness gym in our community.



Lawrence Township was recently acknowledged as an Up-and-Coming Healthy Town in New Jersey! 🐵



HEALTHY TOWN

- BAY HEAD
- EVESHAM
- MONTCLAIR
- PATERSON
- PLAINFIELD
- SCOTCH PLAINS
- WILDWOOD CREST
- WOODBRIDGE

HEALTHY TOWN TO WATCH

- BELLEVILLE
- BOROUGH OF FREEHOLD
- FRANKLIN LAKES
- HILLSBOROUGH
- IEFFERSON
- NORWOOD
- VERNON
- VERNON

HEALTHY TOWN UP-AND-COMING

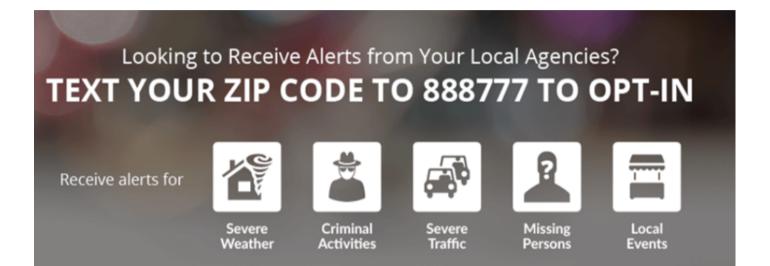
- BERNARDSVILLE
- ORADELL
- CRANBURY
- CRESSKILL
- DEERFIELD
- DENVILLE
- EATONTOWN
- FORT LEE
- GARFIELD
- HIGHLANDS
- KEYPORT
- LAWRENCE (MERCER)
- MORRISTOWN
- PRINCETON
- RIDGEWOOD
- SOUTH BRUNSWICK
- STAFFORD

QUALITY INSTITUTE



Sign up for Nixle alerts for Lawrence Township.

Nixle keeps you up-to-date with relevant information from your local public safety departments & schools.



Or sign-up online to receive emails and phone calls (It's easy and anyone can join): Go to local.nixle.com/register/

*Required			
* Email:			Public safety messages are sent here
* Password:			Make it hard to guess!
* Full Name:			
Language:	English	۷	
Mobile Phone:			Text alerts from local police and fire departments are sent to this device.
Home Phone:			After sign-up, see your Settings page for supported Local Agencies
Voice Messages:	No Voice Msgs	•	Service only available from supported Public Safety Agencies
	Accept. Sign me up!	By clic	king "I Accept," I accept Nixle's Terms of Service.
message and data rates may apply.	Message frequency varies. Terms and privac	χ.	

Spring is here and that means cleanup and yard work. Attached are answers to some questions you might have about yard waste collection.

MOST COMMONITY ASKED QUESTIONS



How large can my yard waste pile be at the curb? Your total pile size can be 12' in length, 3' high and 4' foot from the edge of the curb, please do not obstruct traffic. Any pile exceeding 12' in length will not be collected.

When can I place my brush at the curb for collection? Brush will be collected according to your zone schedule. Do not place brush at the curb until the weekend before your zone collection week. See our website for your zone at www.lawrencetwp.com or call the Public Works Department at (609) 587-1894.

How <u>large</u> can my tree branches be for collection? Tree trunks and limbs in excess of 6" in diameter will not be collected.

How long should the branches be for collection? Limbs shall be cut in lengths of 3' or less.

Can I place a tree stump in the road for collection? No, tree stumps are the homeowner's responsibility.

Can I place grass in the road for collection? No, grass shall be bagged and placed in your blue cart for collection. Cutting it and leaving it on your lawn is always the best option. Residents may drop off grass clippings at the Ecological Facility (3701 Princeton Pike, Mon-Fri 7:30 a.m.-2:30 p.m.).

Can my landscaper place yard waste at the curb during the week when he is servicing my property? Landscapers shall be registered with Lawrence Township, this will allow them to understand the rules and regulations. Landscapers must follow all the same rules for collection when working for the homeowner. Landscapers can <u>only</u> place yard waste at the curb for collection the Saturday or Sunday before the proper zone collection.

Can my landscaper bring yard waste to the Township's Ecological Facility? YES, it is FREE... Provide your landscaper a note with your address, name, date, phone number, and signature, and your landscaper can drop off your yard waste for No Charge at the Ecological Facility (3701)

IT'S TIME TO RENEW YOUR DOG LICENSE

January is dog license renewal month for Lawrence Township residents. Any dog over the age of 7 months is required by law to be licensed. Licenses are due by January 31st. According to New Jersey Law, in order to obtain your dog's license, its rabies immunization must be valid for the entire licensing period. Should your dog's rabies certificate expire anytime between January 2022 and October 31, 2022, you are required by State law to revaccinate your dog prior to obtaining its 2022 license.

Dog licenses are renewed in the Municipal Clerk's office. Proof of current rabies certification and proof of spaying or neutering (if applicable) must be presented when a applying for a license. The fee is \$11.00 if spayed or neutered and \$14.00 if not spayed or neutered. Effective April 1st a delinquent fee will be assessed in the amount of \$5.00 plus \$1.00 per month for each month delinquent.

2022 DOG APPLICATION

(January 1, 2022– December 31, 2022)

Owner's Name				Telephone Numbers			
Owner's Address					рэ -		
Dog's Name		Sex	□M □F	Neutered or Spayed	□Yes □No	Debarked Dog – 🗆	Yes or □ No
Rabies Certificate Expires		Color			Breed		
Microchip No.			Email Address				
Are you an active/retired Law Enforcement Officer (including Local/State Prosecutors) or a Member of the Judiciary? □Yes □No							

NOTICE TO ALL DOG OWNERS Return this application with Proof of Rabies and Spaying/Neutering certification, if applicable, with the appropriate fee to the address listed below. **CASH or CHECK ONLY** (Make check or money order payable to: Township of Lawrence)

MAIL TO: Township of Lawrence Attn: Municipal Clerk's Office P.O. Box 6006 Lawrence Township, NJ 08648

LICENSE FEES - \$11.00 if spayed or neutered \$14.00 if not spayed or neutered DELINQUENT FEES - \$5.00 surcharge plus \$1.00 for each month overdue

License Fee \$____

**RABIES VACCINE MUST BE GOOD THROUGH NOVEMBER 1, 2022

*ALL DOGS (7) SEVEN MONTHS AND OLDER MUST BE LICENSED

***All Applicants must be 18 years of age or older.

ALTERNATE CONTACT PERSON (Optional)

TELEPHONE NUMBER

IMPORTANT NOTICE

License No.

(Office Use Only)

There will be a free drive through rabies clinic on Saturday, January 22, 2022, from 9:00a.m. to 12:00p.m. at Central Park Garage - Dave Nevius Way - Parking lot of Eggert Crossing Rd. All cats must be in ccarriers and dogs must be on a leash.

Please notify the Clerk's Office if you no longer have your dog(s) or if you have moved from Lawrence Township. (609-844-7000)

Please complete application to ensure accurate records. If possible, please give an alternate phone number.

Delinquent fees will be assessed effective April 1, 2022



HAMILTON TOWNSHIP DIVISION OF HEALTH

STI TESTING & TREATMENT CLINIC

FREE AND CONFIDENTIAL



Tuesdays, 9am-12pm and 3pm-5:30pm!





609-890-3647

2100 Greenwood Ave, Hamilton, NJ 08609

Walk-in, no appointment needed!

To be seen in the clinic you must live in one of the following towns, please bring a photo ID or proof of address with you:

- Hamilton
- Lawrence
- East Windsor

- Ewing
- Robbinsville
- Hightstown
- Princeton
- West Windsor
- Hopewell Township

Students residing on the campuses of Rider University and The College of NJ will also receive services free of charge with a college ID.



Face masks are required!



<u>Please Note:</u> Pennington and Hopewell Borough residents must see Montgomery Township for services. Trenton City residents must see Henry J. Austin Health Center for services.

> All Mercer County residents may use the following clinic for HIV or STI testing:

Henry J. Austin Health Clinic: 321 North Warren Street Trenton, NJ 08618

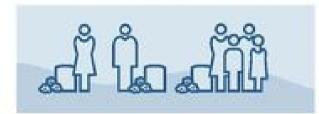


609-278-5900

Coronavirus (COVID-19) Funeral Assistance

The COVID-19 pandemic has brought overwhelming grief to many families. At FEMA, our mission is to help people before, during and after disasters. We are dedicated to helping ease some of the financial stress and burden caused by the virus.

FEMA is providing financial assistance for COVID-19-related funeral expenses incurred after January 20, 2020.



Which expenses will qualify for reimbursement?

Examples of eligible expenses may include, but not limited to:

- Transportation to identify the deceased individual
- The transfer of remains.
- A burial plot or cremation niche

What information do I need to provide to FEMA?

Please have the following information before contacting FEMA to apply.

- · Name, social security number, date of birth, mailing address and contact phone numbers.
- · Name, social security number and date of birth for each deceased individual.
- · Location or address where the deceased individual passed away.
- · Documentation and receipts for any assistance already received from other sources, including burial or
- · funeral insurance, donations, voluntary agencies, other government programs or non-profit organizations.
- · The name and information of any co-applicant(s) if anyone besides yourself incurred funeral expenses for
- the deceased individual(s).

HOW DO I APPLY FOR THIS ASSISTANCE?

Call FEMA's COVID-19 Funeral Assistance Helpline at

1-844-684-6333 (TTY: 800-462-7585) from 9 a.m. to 9 p.m. ET. Monday – Friday and begin the application process. For fastest service following your application, you can begin submitting documentation online through <u>Disasterassistance gov</u>.

by fax 855-261-3452.

Documents may also be mailed to: COVID-19 Funeral Assistance P.O. Box 10001 Hyattsville, MD 20782



To be eligible for funeral assistance, you must meet these conditions:

- · The death must have occurred in the United States.
- The applicant must be a U.S. citizen, non-citizen national or qualified alien who incurred funeral expenses after January 20, 2020.
- There is no requirement for the deceased person to have been a U.S. citizen, non-citizen national or qualified alien
- The deceased person's death certificate must indicate the death was attributed to or caused by COVID-19.
 If a death occurred between Jan. 20 and May 16. 2020. and the death certificate doesn't attribute the death to COVID-19. include a signed statement from the death certificate's certifying official. local coroner or medical examiner that links the cause of death to COVID-19.
- A marker or headstone
- Clergy or officiant services
- The use of funeral home equipment or staff
- Cremation or interment costs

You can also visit us online at

FEMA gov/funeral-assistance/fag. Information is provided in several languages both by telephone and the website.

Asistencia para gastos fúnebres por COVID-19

La pandemia de COVID-19 ha causado tanto desconsuelo para tantas familias. En FEMA, nuestra misión es ayudar a las personas antes, durante y después de los desastres. Permanecemos comprometidos en brindar algún alivio en la presión y carga económica que este terrible virus ha causado.

FEMA proporciona asistencia económica para los gastos fúnebres relacionados con COVID-19 incurridos después del 20 de enero de 2020.



Para ser elegible a la asistencia para gastos fúnebres, usted deberá cumptir con las siguientes condiciones:

- La muerte debe haber ocurrido en los Estados Unidos.
- El solicitante debe ser ciudadano estadounidense, nacional no ciudadano o extranjero cualificado que incumó en gastos fúnebres después del 20 de enero de 2020.
- No existe un requisito que estipule que la persona fallecida deba haber sido ciudadano estadounidense, nacional no ciudadano o extranjero cualificado.
- El certificado de defunción debe indicar que la muerte se atribuyó a o fue causada por COVID-19. Si el fallecimiento ocurrió entre el 20 de enero y el 16 de mayo de 2020, puede incluir una declaración firmada por el funcionario que certificó el fallecimiento en el acta de defunción, médico forense o examinador médico que atribuya la causa de la muerte a COVID-19.

¿Qué gastos fúnebres cualificarán para ser reembolsados?

Ejemplos de gastos elegibles pueden incluir, pero no se limitan a:

- Transporte para identificar a la persona fallecida
- Marcador o lápida
- Servicios de oficiantes o clero
- · Uso de equipo o personal de empresa fúnebre
- Costos de cremación o sepelio

- El traslado de los restos
- Parcela de entierro o nicho de cremación

¿Qué información debo proporcionar a FEMA?

Usted necesitará la siguiente información para solicitar la asistencia:

- Su nombre, número de seguro social, fecha de nacimiento, dirección postal y número de teléfono.
- El nombre, número de seguro social y fecha de nacimiento de cada persona fallecida.
- Lugar o dirección donde murió la persona fallecida.
- Documentos y recibos de la asistencia que ha recibido proveniente de otras fuentes, que incluyen los seguros de sepello o funeral, donativos, agencias voluntarias, otros programas u organizaciones gubernamentales.
- El nombre y la información de algún co-solicitante si usted y otra persona incurrieron en gastos fúnebres por la misma persona fallecida.

¿COMO SOLICITO ESTA ASISTENCIA?

Llame a la línea de ayuda de FEMA para gastos fúnebres por COVID-19

al 1-844-684-6333 (TTY: 800-462-7585) de lunes a viernes entre las 9 a.m. y 9 p.m. (hora del este), para iniciar el proceso de solicitud. Para servicio más rápido después de solicitar, comience a someter la documentación en línea en

Disasterassistance.gov/es o por fax. al 855-261-3452.

También puede enviar sus documentos por correo postal a: COVID-19 Funeral Assistance P.O. Box 10001 Hyattsville, MD 20782



PREGUNTAS FRECUENTES

También puede visitar nuestra página web en

FEMA.gov/es/funeral-assistance.

La información multilingüe está disponible por teléfono y en la página web.



MERCER COUNTY BIKE-SHARE PROGRAM RETURNS

HOPEWELL TOWNSHIP — The County of Mercer, the Mercer County Park Commission and Verve have restarted the bike-share program at three locations around the County park system — Mercer County Park, Rosedale Park and the Red Barn in Mercer Meadows.

Eight bikes are at each location and can be rented by downloading the Verve Micromobility Sharing app from the App Store or Google Play.



"Mercer County is becoming more bikefriendly through our county roadways and in our parks," said **County Executive Brian M. Hughes**. "The bike share program continues to provide our park users with an inexpensive and convenient way to enjoy biking without needing one of your own."

Park patrons are encouraged to create a VerveS account, where users can rent a bike from Mercer County Park near the 9/11 Memorial; Rosedale Park on Federal City Road; and at the Red Barn at Keefe and Cold Soil roads. The cost of the ride is \$1 to start and 18 cents per minute thereafter. Users must be 18 years or older to rent a bike and rentals must be returned to one of the three county parks locations.

"I was very pleased to see our park patrons take advantage of this amenity during the past couple of years," said **Aaron T. Watson, Park Commission Executive Director**. "This bike share program makes it easy for families to explore our parks and the Lawrence Hopewell Trail."

Verve has been in business since 2018 with a focus on eco-friendly transportation. Verve scooters are set up at several East Coast HBCUs and are also available at Live Nation festivals around the country, including in New Orleans, Atlanta, Philadelphia and San Francisco. Verve's relationship with the Park Commission began in 2021, which was its first time offering bicycles.

The Mercer County Park Commission has diverse recreational activities and natural resources for all ages to enjoy with more than 10,000 acres of parks, facilities and preserved open space. For up-to-date information on programming, recreation and events, please visit <u>www.mercercountyparks.org</u> or follow the parks on Facebook, Twitter and Instagram.

Spring into Health Senior Health Fair

Sponsored by the Lawrence Township Senior Center and Lawrence Township Health Department

date: Tuesday, May 3, 2022 time: 10am to 1pm location: Lawrence Township Senior Center 30 E Darrah Lane Lawrence, NJ 08648



Free health screenings:

- blood pressure
- blood sugar
- cancer screening
 - ... and more!

- Free demonstrations:
- chair yoqa
- meditation

Plus free giveaways, raffles, and healthy snacksl

For more information or guestions, please call: (609) 844-7089 or (609) 844-7048

Pre-registration

Please fill out and return this slip to the Lawrence Township Senior Center.

Name

Address

Phone Number

MERCER COUNTY CLEAN ENERGY SUMMIT

Join us **April 26, 2022, 8 a.m. until 10 a.m. at the Boathouse at Mercer Lake** for an event with representatives from the State of New Jersey to discuss the sustainability and cost-saving opportunities for your Mercer County business.

Please contact the Mercer County Office of Economic Development at businessadvocate@mercercounty.org OR (609) 989-6555 for registration and program details.

Light refreshments to be served.

MERCER COUNTY EXECUTIVE BRIAN M. HUGHES AND THE BOARD OF COUNTY COMMISSIONERS

Mercer County Sustainability Coalition

GREENING TOGETHER 2022

A week long environmental celebration from April 23rd - 30th

April 23rd & 24th Outdoor in-person activities throughout Mercer County

VIRTUAL EVENING WEBINARS 24TH - 28TH **@ 7 pm** Sun - Climate and Its Impact on Health Mon - Landscaping Approaches to Rewilding Your Backyard Wed - Repairing Stream Banks and Waterways Thurs - Clean Energy Tools for Homeowners

GREEN GET TOGETHER

SATURDAY, APRIL 30TH FROM 10 AM - 2 PM AT LAWRENCE HIGH SCHOOL

FEATURING BIKE RODEO FOR KIDS ELECTRIC VEHICLE MEET UP COMPOSTING DEMO | RESUSABLE BAG CREATION | CLOTHING REPAIR DEMO | NATIVE PLANT SALE PICKUP | SUSTAINABLE LANDSCAPING EQUIP. AND MORE...

PLUS ACTIVITIES THROUGHOUT THE WEEK

LEARN MORE AT

https://mercersustainabilitycoalition.org/greening-together-2022/





Sponsored by the Mercer County Sustainability Coalition including Ewing | Hamilton | Hopewell Valley | Lawrence | Mercer County | Princeton | The Watershed | Trenton | West Windsor | Rider University Eco Reps

Are you a veteran or know a veteran who may be in need of

crisis support? The Veterans Crisis Line provides confidential crisis support for veterans and their families.

Veterans Crisis Line Fact Sheet

Veterans Crisis Line 1-800-273-8255 PRESS O

Confidential crisis help for Veterans and their families

The Veterans Crisis Line is a toll-free, confidential resource that connects Veterans in crisis and their families and friends with qualified, caring U.S. Department of Veterans Affairs (VA) responders.

Veterans and their loved ones can call 1-800-273-8255 and Press 1, chat online at VeteransCrisisLine.net, or send a text message to 838255 to receive free, confidential support 24 hours a day, 7 days a week, 365 days a year, even if they are not registered with VA or enrolled in VA health care.

The responders at the Veterans Crisis Line are specially trained and experienced in helping Veterans of all ages and circumstances from Veterans coping with mental health issues that were never addressed to recent Veterans struggling with relationships or the transition back to civilian life. Veterans Crisis Line responders provide support when these and other issues — such as chronic pain, anxiety, depression, sleeplessness, anger, and even homelessness — reach a crisis point. Some of the responders are Veterans themselves and understand what Veterans and their families and friends have been through. Since its launch in 2007, the Veterans Crisis Line has answered more than 5.6 million calls and initiated the dispatch of emergency services to callers in crisis more than 204,000 times. The Veterans Crisis Line anonymous online chat service, added in 2009, has engaged in more than 660,000 chats. In November 2011, the Veterans Crisis Line introduced a text-messaging service to provide another way for Veterans to connect with confidential, round-the-clock support and since then has responded to more than 218,000 texts.

In 2011, the National Veterans Suicide Prevention Hotline was renamed the Veterans Crisis Line to encourage Veterans and their families and friends, who may be the first to realize a Veteran is in emotional distress, to reach out for support when issues reach a crisis point, even if it is not a suicidal crisis.

VA is working to make sure that all Veterans and their loved ones are aware of the Veterans Crisis Line. To reach as many Veterans as possible, VA is coordinating with communities and partner groups nationwide, including community-based organizations, Veterans Service Organizations, and local health care providers, to let Veterans and their loved ones know that support is available whenever, if ever, they need it.

Whether you're a Veteran or a friend or family member concerned about one, confidential assistance is only a call, click, or text away.

For more information about the Veterans Crisis Line, visit VeteransCrisisLine.net For more information about VA's mental health resources, visit www.mentalhealth.va.gov



Confidential crisis chat at VeteransCrisisLine.net/Chat or text 838255

IRS IMPOSTER SCAMS



The Internal Revenue Service (IRS) is the government agency that collects federal taxes.

Scammers pretend to be IRS officials to get you to send them money.

How the scam works

You find out it wasn't

the IRS. It was a scam.



The money is gone.

Warning signs

How will the IRS first contact you?	How will the IRS ask you to pay?				
Phone call No	With a prepaid debit card NO				
Email NO	With a money transfer NO				
Mail YES	Won't require a specific VES				

Got a call?

Don't give the caller information

such as your financial or other personal information.

Write down details

such as the number and name of the caller.

Hang up

Contact the IRS directly

If you think you may owe back taxes, call the IRS at 800-829-1040 or visit irs.gov/balancedue.

Report the call

File a complaint with:

- the Treasury Inspector General for Tax Administration (TIGTA) at tigta.gov or 800-366-4484.
- the FTC at ftc.gov/complaint or 877-FTC-HELP.

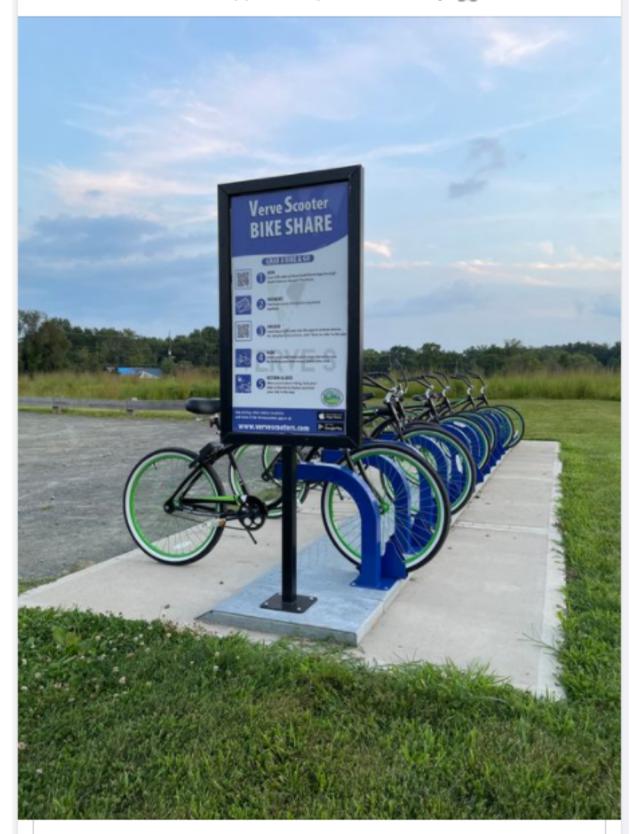
Warn friends and family

Tell people you know that these calls are scams.

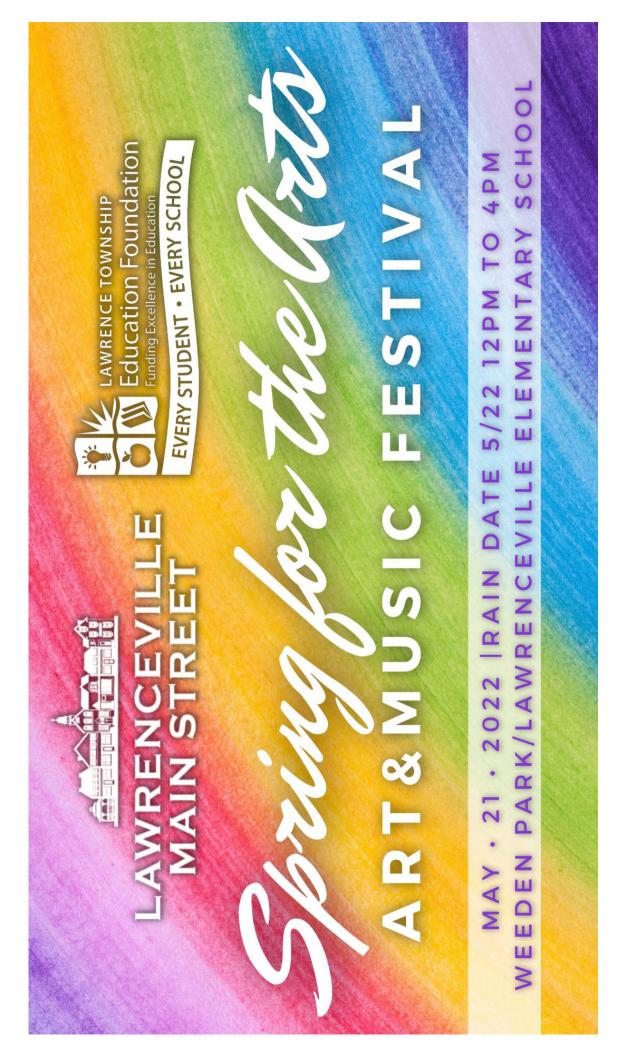


Township of Lawrence, NJ Published by CW Lawrence () · 21h · ()

Bike share is back! Mercer County Park Commission is bringing Verve's bike share program to Mercer Meadows — with eight bikes at Rosedale and another eight by Pole Farm. Cruise the LHT without worrying about getting your bike out to the trail. It couldn't be easier — download the Verve app and hop on. Ride safely! Mon



Lawrence Hopewell Trail Corporation







Even if you haven't qualified before for the Earned Income Tax Credit you may be eligible this year. Visit njeitc.org

In **2022**, more money is available to more people than ever before.

YOU WORKED FOR ICC NJ EARNED INCOME TAX CREDIT NJ Department of the Treasury

Get up to **\$2,691** back in your pocket if you have dependents or **\$601** without dependents! If you have any questions related to Senior Connect, or Lawrence Township broadly, reach out to the Community Aide for further information.

> phone: 609-844-7074 email: cdinwoodie@lawrencetwp.com